



Fact File

My guidance for attempting to break the world record for the Longest handshake

Go and find yourself someone with whom you get on really well. Because, I can assure you, shaking hands with an enemy for hour upon hour is not likely to make pleasant memories. Plus, I have to mention one thing, even if you don't want to hear it. Please, do yourself a favour and ensure you're thoroughly toileted before you start. I hope that doesn't offend – but face the facts, what would you do if...? Precisely.

To start, gear up for a few rules, such as:

- don't stop.
- have witnesses present all the time.

I'd search for a venue with pleasing surroundings. Just make absolutely sure that no person or their activities is going to interrupt your fabulous plans in the very spot you choose, at the same time. You don't think that could happen? If it does, it would be at your event, remember. Now, get shaking and don't stop for anything.

Still keen? WorldRecordChase.com is happy to mentor others wishing to attempt this world record, at reasonable rates.

Enjoy.

Please note: neither Alastair Galpin nor WorldRecordChase.com will be responsible for any actions whatsoever undertaken by any person as a result of visiting this website. If you intend to attempt to emulate any of Alastair's world record attempts, always seek expert advice.